



Innovative approaches to upcycling plastic waste into sustainable construction materials: Addressing the global plastic pollution crisis

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Abstract

There are several environmental issues pressingly diminishing our planet in the 21st century, one of them is inarguably the environmental degradation through plastic waste. It is, however, imperative to explore creative solutions in order to lessen or eradicate the harm caused by the millions of tons of plastic waste that enter the environment annually, reusing plastic waste to make sustainable building materials is one promising strategy. This review looks at recent advancements in the upcycling of plastic waste, with an emphasis on ways to incorporate plastic into building materials like asphalt, bricks, and concrete. In order to scale these solutions, the paper examines potential future research and policy directions while evaluating the technical, financial, and environmental issues related to these technologies.

Keywords: Plastic Pollution; Environmental Sustainability; Sustainable Construction; Plastic Waste Upcycling; Plastic Recycling

1. Introduction

1.1. The Plastic Pollution Crisis

The production of plastic has grown exponentially over the decades, with over 300 million tons manufactured annually. A significant proportion of this vast quantity is discarded as waste, contributing to what has now become a dire global environmental crisis [1, 2]. Plastics possess remarkable characteristics such as resilience to natural deterioration and exceptional durability, which have made them indispensable in various industries and applications. However, these same attributes have resulted in the unchecked accumulation of plastic waste in landfills and natural habitats, including rivers, forests, and oceans. This buildup poses severe ecological threats and disrupts natural ecosystems.

Alarming projections suggest that the mass of plastic in the ocean may exceed the combined weight of all marine fish species in the near future. In fact, by 2020, the balance between plastic and aquatic life in the ocean had already tilted significantly in favor of waste materials. This grim reality has amplified calls for immediate and effective interventions to combat the mounting plastic pollution crisis. Policymakers, environmental organizations, and scientific communities worldwide are urging the adoption of sustainable practices, innovative technologies, and public awareness campaigns to mitigate the catastrophic impacts of plastic waste on our planet [3, 4].

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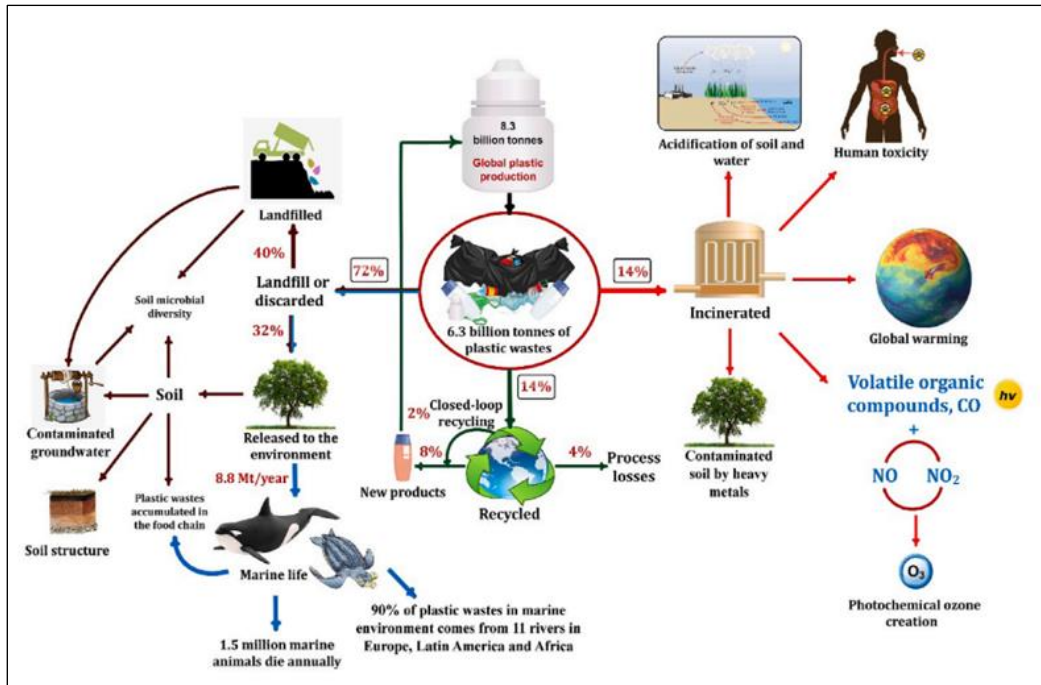


Figure 1 Illustration of the fate of plastic materials with harmful impacts on the eco-system. [4]

1.2. Plastic in Construction Materials: An Emerging Solution

Upcycling plastic waste into environmentally friendly building materials is innovative and creative way to reduce plastic pollution. Incorporating plastic waste into products like concrete, bricks, and asphalt can help the construction industry, which is a big consumer of raw materials and a major source of CO₂ emissions. In addition to reducing plastic waste, this strategy meets the construction industry's need for more environmentally friendly building materials [5, 6]. This review's goals are to examine the state of the art in the field of plastic waste upcycling in construction, highlight significant technological developments, and describe the obstacles and prospects for further research.

2. The Global Plastic Waste Problem

2.1. Plastic Production and Waste Generation

Plastic production has skyrocketed since the 1950s, with cumulative production now exceeding 8.3 billion metric tons [7]. Of this, only 9% has been recycled, while the majority is either incinerated or landfilled [8]. The low recycling rate is due to the complexity of sorting and processing different types of plastics, along with the economic inefficiencies associated with current recycling technologies [9, 10].

2.2. Environmental and Health Impacts of Plastic Pollution

Plastic waste has disastrous effects on the environment, especially in marine ecosystems where it decomposes into microplastics that marine life consumes and disrupts the food chain. Additionally, when burned, plastic waste pollutes the air and degrades the land. With plastic wastes being ubiquitous, high-level of threat is posed on the environment and the health of every living thing. Significant health risks are associated with the persistence of plastic waste on land, including the potential for hazardous chemicals to seep into soil and groundwater [11–14].

2.3. The Need for Circular Solutions

The linear economy model, in which plastics are produced, used, and discarded, has proven unsustainable. A shift toward a circular economy, where waste is minimized, and materials are continuously reused, is critical to addressing the plastic pollution crisis. Upcycling plastic waste into construction materials represents one promising solution within this circular economy framework, offering both environmental and economic benefits [15].

3. Upcycling Plastic Waste into Construction Materials

3.1. Overview of Plastic Upcycling in Construction

The process of turning waste materials into new products with greater value or functionality is known as upcycling. Waste plastic can be incorporated to a variety of building materials, including bricks, concrete, and asphalt, serving as additives to improve their qualities or to replace more conventional materials [16–18]. The main advancements in upcycling technology are examined in this section.

3.2. Plastic-Modified Concrete

Concrete is one of the most commonly used building materials, and incorporating plastic waste into concrete production has sparked significant interest. Plastic-modified concrete is typically made by partially replacing conventional aggregates like sand and gravel with plastic waste. This method not only reduces the use of natural resources, but it also has the potential to improve performance characteristics [19, 20].

- **Plastic Aggregates:** Plastic waste, particularly from polyethylene (PE), polyethylene terephthalate (PET), and polypropylene (PP), has been used as a substitute for fine and coarse aggregates in concrete. Studies have shown that the incorporation of plastic aggregates can improve the flexibility and crack resistance of concrete. However, challenges remain in achieving the desired strength and durability, as plastic aggregates tend to weaken the mechanical properties of concrete [21-23].
- **Plastic Fibers in Concrete:** Another approach involves adding plastic fibers to concrete mixes. These fibers, derived from waste plastics, can enhance the tensile strength and ductility of concrete, making it more resistant to cracking and shrinkage. This method shows promise for applications such as pavement and road construction [24, 25].

3.3. Plastic Bricks and Blocks

Plastic waste has also been upcycled into bricks and building blocks. These plastic-based bricks can be produced by either molding plastic waste into bricks directly or mixing it with traditional brick materials [26].

- **Molded Plastic Bricks:** In some regions, such as Africa and Asia, molded plastic bricks have been developed using plastic waste, particularly from single-use plastics [27]. These bricks are lightweight, durable, and offer good insulation properties. The molding process involves melting plastic waste and shaping it into brick forms, which can then be used in construction projects [28, 29]. However, concerns over the thermal degradation of plastics and the emission of toxic fumes during production must be addressed to ensure the safety and sustainability of this approach [30].
- **Plastic-Infused Clay Bricks:** Traditional clay bricks can also be modified by adding plastic waste to the mix before firing [31, 32]. This method reduces the consumption of natural clay resources and lowers the energy required for firing, as plastic burns off during the process, leaving behind pores that enhance insulation [33].

3.4. Plastic in Asphalt Pavements

The use of plastic waste in asphalt pavements has gained popularity as a means of improving road durability and reducing plastic pollution.

- **Plastic-Modified Asphalt:** In plastic-modified asphalt, plastic waste is added to the bitumen binder or mixed with the aggregate before laying the asphalt. Studies have shown that incorporating plastic into asphalt can improve its resistance to deformation, cracking, and water damage, thus extending the lifespan of roads [34-36]. This method has been successfully implemented in countries such as India, where plastic roads have demonstrated superior performance under high traffic loads and extreme weather conditions [37].
- **Waste plastics in Asphalt:** Through variety of further processes, waste plastics can be utilized as asphalt modifiers. Waste plastics were processed into forms in the early dates (fig 2a) and the intention was to directly incorporate them in the asphalt manufacturing plant. 100% waste plastics were use to produce these pellets, with their sizes ranging between 0.3 mm to 0.5 mm. [38] For instance, waste cans and PET bottles were cut by Modarres et al. [39], and by making use of a special crusher, they crushed them into flake form, see figure 2c. Modified asphalt were made into fiber form (< 2mm) and thin strip form (20 x 3 mm²) by Lin et al. [40] and Kumar et al. [41] Moreso, electronic-plastic (e-waste) powder and waste HDPE powder have been used in asphalt modifiers [42, 43] as shown in figure 2d.



Figure 2 Various forms of waste plastics used as modifiers: (a) Pellet [44]; (b) shredding [39]; (c) flake [44]; (d) powder [45]

3.5. Approaches used to incorporate Waste Plastics into Asphalt

Waste plastics can be incorporated into Asphalt through two major approaches; the wet process and the wet process. [47] The wet process involves mechanical mixing procedure at high temperature. Waste plastic is directly added into asphalt binder to achieve a homogenous plastic-modified blinder blend. The asphalt binder and the waste plastic source are the deciding factor for the mixing time and temperature. In the dry process, the asphalt mixture and waste plastics are directly added, either as a mixture modifier or as a partial aggregate replacement. In the wet process, when the addition of waste plastic is performed, the properties of these asphalt are being modified by the waste plastics before they come in contact with the aggregates [48]. The waste plastic used in dry processes are used as reinforcement materials in the aggregates [38].

Table 1 The advantages and drawbacks of different processes [49]

Method	Production Cost	Technological Problem		Performance of Mixture	
		Advantage	Drawback	Advantage	Drawback
Wet process	Expensive (AC-16)	Normative guidance and engineering experience	Complex production process (specialized mixing and storage facilities)	Higher viscosity	Poor storage stability
Dry process	Cheap (AC-16)	Lack of normative guidance	Simple production process (no need of professional facility)	-	Poor water stability

- Challenges and Opportunities:** Despite the promising results, challenges remain in standardizing the mix design for plastic-modified asphalt, as different types of plastics and mixing methods can result in variations in performance [50, 51]. Further research is needed to optimize the process and ensure consistent quality across different projects.

4. Benefits and Challenges of Plastic Waste Upcycling

4.1. Environmental Benefits

The upcycling of plastic waste into construction materials offers numerous environmental benefits that contribute to a more sustainable and eco-friendly construction industry:

- Reduction in Plastic Waste:** Upcycling plastic waste for construction diverts plastics from landfills and incineration, significantly reducing plastic pollution, which contributes to environmental degradation [52]. This also helps alleviate the pressure on waste management systems, especially in urban areas where landfill space is limited [53].
- Conservation of Natural Resources:** The incorporation of plastic waste into construction materials helps lower the demand for traditional raw materials such as sand, gravel, and clay. This conservation effort reduces

the environmental impact of resource extraction, including habitat destruction, biodiversity loss, and soil erosion [54, 55].

- **Reduction in CO₂ Emissions:** By substituting traditional materials with plastic-based alternatives, CO₂ emissions are lowered due to the reduced energy demands in the production process [56]. For instance, plastic-modified concrete is lighter and easier to process than conventional concrete, leading to lower energy consumption during production [30]. This reduction aligns with global efforts to achieve net-zero emissions in the construction sector.
- **Extended Material Lifecycle:** Upcycling extends the lifecycle of plastic waste by giving it a new application in the construction sector, thereby slowing the accumulation of waste in the environment and promoting circularity within industries [47].

4.2. Economic Advantages

Upcycling plastic waste into construction materials provides economic benefits that can contribute to more cost-effective and inclusive infrastructure development:

- **Affordable Building Materials:** Due to its low cost and wide availability, plastic waste is an affordable alternative for building materials, especially in developing and low-income areas. To reduce construction costs and enable the implementation of resilient, low-cost housing solutions, upcycled plastic materials can be used in affordable housing and essential infrastructure projects.[58].
- **Job Creation:** The plastic upcycling process, which includes collection, sorting, processing, and manufacturing, has the potential to create a range of employment opportunities. This demand for labor supports local economies and contributes to poverty reduction, particularly in regions where waste management and recycling industries are emerging sectors [59, 60].
- **Support for Circular Economy:** In a circular economy where materials are reused instead of being discarded, the integration of plastic waste into new products contributes to a great deal. This can attract investment in recycling and waste-to-resource industries, boosting economic growth and supporting sustainable business models [61-62].

4.3. Technical and Environmental Challenges

While promising benefits are presented through upcycling plastic waste into construction materials, it also faces multiple environmental and technical challenges that need to be addressed in order to witness its global and widespread adoption:

- **Mechanical Properties:** One of the primary technical challenges is ensuring that plastic-based construction materials meet essential mechanical standards such as compressive strength, durability, and thermal resistance. Although plastic-modified materials may offer improved flexibility and crack resistance, their reduced compressive strength compared to traditional materials can limit their application in load-bearing structures [63].
- **Fire and Toxicity Concerns:** When used in construction, plastic materials present serious toxicity and fire safety hazards. Plastic materials can emit harmful fumes when exposed to high temperatures or when they burn, which could have an impact on the quality of the air both indoors and outdoors. This is especially problematic for uses such as pavements or plastic bricks in crowded places where fire risks need to be reduced. [64].
- **Lack of Standardization:** Its reliable application is hampered by the lack of established standards for the use of plastic waste in building materials. Variations in plastic types, recycling techniques, and additives can result in inconsistent material performance, which makes quality control and regulation more difficult [65]. To guarantee that plastic-based materials satisfy safety, durability, and environmental standards across a range of construction applications, standardization efforts are required. [66].
- **Potential Environmental Leaching:** Some plastic waste products contain additives or microplastics, which can leach into the environment over time. This risk is especially relevant when these materials are used outdoors, where they may be subjected to rain, sunlight, and temperature fluctuations [67]. Concerns about leaching must be addressed by improving materials engineering and carefully selecting plastic types suitable for construction applications. [68].
- **Economic Viability and Scalability:** Scaling up plastic upcycling for the construction industry requires substantial investment in research, technology, and infrastructure. High initial setup costs and the need for specialized processing equipment can be a barrier, particularly for developing economies [69]. Overcoming

these cost challenges is essential to making plastic upcycling an economically viable solution for large-scale construction projects.

5. Future Directions and Policy Implications

5.1. Research and Innovation

To overcome the challenges associated with plastic upcycling, further research is needed in the following areas:

- **Material Science:** Advances in material science can help improve the mechanical properties of plastic-modified construction materials. Research into new plastic composites, as well as additives that enhance the bonding between plastic and other materials, could lead to stronger and more durable products.
- **Sustainable Production Methods:** Developing sustainable production methods that minimize energy consumption and reduce the emission of toxic fumes is critical to ensuring the long-term viability of plastic-based construction materials.
- **Circular Economy Integration:** Integrating plastic upcycling into broader circular economy strategies will be essential for maximizing the environmental and economic benefits of these technologies. This includes developing systems for the efficient collection, sorting, and processing of plastic waste, as well as creating markets for upcycled construction materials.

5.2. Policy and Regulation

Government policies and regulations will play a crucial role in promoting the adoption of plastic upcycling technologies:

- **Incentives for Upcycling:** Governments can encourage the development and use of plastic-based construction materials by offering financial incentives, such as tax breaks or subsidies, for companies that invest in upcycling technologies.
- **Standardization and Certification:** Establishing standardized guidelines and certification processes for plastic-modified construction materials will be essential to ensuring their safety and performance. This includes developing testing protocols to assess the mechanical properties, fire resistance, and environmental impact of these materials.
- **Public Awareness and Education:** Raising public awareness about the benefits of plastic upcycling can help drive demand for sustainable construction materials and encourage broader participation in recycling programs

6. Conclusion

The upcycling of plastic waste into sustainable construction materials offers a promising solution to the global plastic pollution crisis. By integrating plastic waste into products such as concrete, bricks, and asphalt, the construction industry can help reduce plastic waste, conserve natural resources, and lower CO₂ emissions. However, significant challenges remain in achieving the desired mechanical properties, addressing fire and toxicity concerns, and establishing standardized regulations. Continued research, innovation, and policy support will be essential to scaling these technologies and realizing their full potential in creating a more sustainable and circular economy.

Compliance with ethical standards

Disclosure of conflict of interest

No conflict of interest to be disclosed.

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